

**Ark Aid Street Mission
696 Dundas St. London N5W 2Z4**

You Can Help the Ark

Things we need to provide nightly meals

Sugar Coffee creamer
Spaghetti sauce Cooking oil
Green peppers Celery
Cheese Broccoli
Lettuce Cauliflower
Fruit – fresh & frozen
Carrots Turnips
Long grain rice (Mr. Goodies) 8kg
Tomato paste Pasta sauce
Coffee (regular, not instant), Tea

Cases of:

Hamburg Cold meats
Large tuna Soups
Canned vegetables

Beef Chicken Pork Fish

Hand Sanitizer SOS pads
Garbage bags – large & regular
Kleenex Window cleaner Dish soap

We can also use all sizes of new or good used clothes, coats, footwear, blankets, gloves, mittens, scarves

More info: 519-667-0322 or
arkprogram@golden.net

Drop your donation off at the back of the building
9 AM – 5 PM
or bring it when you come to serve